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Just want to thank you very much for the lovely Bible you have very kindly sent to me. The quizzes are excellent and I've learnt so much through them.

God bless,
Megan R.

Hi. I have completed the 10 quiz set on your wonderful website. I found answers to *my own questions* as well as yours while completing the quizzes.

Regards
Merlyn B.

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ADC WM/YST March 2023

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INTRODUCTORY COURSES

START INTO LIFE

Start Into Life is a foundational course that will help you discover God and find His purpose for your life. If you are setting out on your faith journey, or have some basic questions about life, God and faith, this is the right course for you.

TRY JESUS (#1 and #2)

The life and teachings of Jesus are the foundation of Christianity, the largest of the world's religions. *Try Jesus (#1)* will take you on a journey from Jesus' birth to His resurrection while the second series explores the amazing teachings of Jesus.

DISCOVER

This Bible study will help you to *Discover* hope in these seemingly hopeless times. Find direction for a meaningful life by learing about the reliability of the Bible and its key teachings. These include the great controversy, a reality that many choose to ignore.

ADVANCED COURSES

BIBLE'S TEACHINGS (#1)

Great Prophecies and Teachings of the Bible is a comprehensive guide to some of the most important themes in the Bible. This course is for the advanced Bible student who wants to gain a deeper understanding of key biblical truths.

BIBLE'S TEACHINGS (#2)

The second series of *Great Prophecies and Teachings of the Bible* continues the study of the most important biblical principles including hard topics such as: predestination, the unpardonable sin, money management, and the science and the Bible debate.

FOCUS ON PROPHECY

Focus on Prophecy in order to understand the signs of the times: why Europe can't unite, why pandemics, wars, and crises, how church and state will unite, what the mark of the beast really is and much more!

HEALTH COURSES

YOUR HEALTH

Health is a foundational guide to a wholistic and healthy lifestyle. This course is for anyone who wants to discover principles of a healthy life and make positive life changing decisions. Topics include Smart Eating and Healthy Weight.

YOUR LIFE

Do you want to discover the secrets of personal development and success through an understanding of how your feelings impact your life and the choices you make? *Taking Charge of Your Life* is the course designed to help.

COPING WITH STRESS

The *Coping with Stress* course illustrates how stressors work in our lives and explains different techniques to cope and thrive while living with stress. We can all benefit from learning how to respond positively to it.

Ten Questions for God

Imagine a face-to-face sit down with God. What questions would you ask Him?

Let's Explore!

This course helps children learn about God and the Bible in a fun, relational way. Older children and teenagers may want to try *Start into Life*.

Digging up the Past

Explore the historical and cultural background of the Bible with emphasis on historical and archaeological discoveries.

Shema!

Shaped from a specific Hebrew perspective for those of a Jewish heritage or Christians who wish to rediscover their Jewish roots.

Prophets and Books

Designed for the Muslim student to explore the Bible as valid Scriptures using the Qur'anic evidence itself.

Relationships

This course provides practical tips on how to tackle the issues of modern relationships. It also deals with the tough issues of parenting styles.